

# Health and Wellbeing Policy



**Mission Statement extract:** Cleobury Town Council aims to improve the lives of its residents by:  
A socially inclusive and caring community promoting health and wellbeing.

Provide and signpost  
to information on  
local health and  
wellbeing services

Promote and support  
an inclusive and active  
lifestyle

Work towards  
Dementia Friendly  
Town status  
(+ support of other  
vulnerable people)

Support good mental  
health for young and  
old

**We want to work together.** Coming together with others to work on these areas, allowing us to have the greatest impact on health and wellbeing. Everyone has a part to play

Local Community  
Groups

Local Voluntary  
Organisations

Individuals

Cleobury Medical  
Centre and NHS

Housing and Social  
Landlords

Shropshire Council &  
Social Services

Parish Councils within  
Cleobury hinterland

Local Businesses and  
employers

And others willing to  
contribute....

Residents and  
surrounding parishes  
relying on Cleobury to  
have access to basic  
contact information on  
health and wellbeing  
services within our  
catchment area. Incl.  
Domestic Violence and  
Child Sexual Exploitation  
and safeguarding.

**What we are working towards:**

The Council supporting  
and encouraging  
organisations and  
individuals to take an  
inclusive approach and  
promoting active  
lifestyles leading to a  
healthy and happy  
community.

A Town where people  
with dementia (and other  
vulnerable groups) are  
understood, respected  
and supported and  
confident they can  
contribute to community  
life and have choice and  
control over their daily  
lives.

Residents with mental  
health issues should have  
information and access to  
support to help them.  
Community groups and  
organisations are  
supported and  
encouraged to welcome  
those with with mental  
health issues.